

Dietitian Fees for Public Bariatric Surgery Patients

You will be referred to see a dietitian during the pre-approval stage, immediately before your surgery and after your surgery. This is important to assist you in meeting your nutritional requirements and remaining healthy while you lose weight.

All of the Dietitians at JHC are Accredited Practising Dietitians (APDs) which means they are recognised professionals with the qualifications and skills to provide expert nutrition and dietary advice.

All of the Dietitians have provider numbers for Medicare and accept Chronic Disease Management Plans (CDMP).

If your GP has put you on a CDMP, you may be entitled to claim one or all of your dietetic appointments through Medicare (a maximum of 5 visits per calendar year).

The following table shows the fees you will be charged when you see the Dietitians at Joondalup Health Campus in the dietetic clinic rooms.

	When to book	Cost to Patient	Cost to Patient with CDM Plan
Pre-surgery - Eligibility in Bariatric Program			current Medicare rebate for Dietetics is \$52.95
Initial (Pre-D1)	12 months before your surgery	\$75	\$22.05
Follow-up appt 1 (Pre-D2)	As advised by dietitian	\$50	\$0
Follow-up appt 2 (Pre-D3)	As advised by dietitian	\$50	\$0
Preadmission appointment			
As part of pre-admission review with team in the Specialist Medical Assessment Clinic(D1)	2 – 4 weeks before your surgery*	No charge - Group session	\$0
Hospital Admission			
Not required	N/A	N/A	N/A
Post-Surgery			
Follow-up appt 1 (D2)	2 weeks after your surgery	\$50	\$0
Follow-up appt 2 (D3)	5-6 weeks after your surgery	\$50	\$0
Follow-ups ongoing	As required	\$50	\$0

*As advised by your surgeon

Note: your first appointment with the dietitian will be \$75 regardless of when this occurs.

Location of Clinics:

Dietetics Clinic Rooms
Ground Floor, Allied Health Reception

To book an appointment call:

9400 9429

What your Dietitian can do for you

Your surgery will be a tool in helping you to lose weight but you will also need to make some behaviour and dietary changes and your Dietitian will be there to help you along the way.

It is important to see the Dietitian before and regularly after your surgery to help you lose weight, while keeping you healthy. Five review appointments are recommended but you can see your Dietitian for more appointments if you need to.

Due to the busy nature of this clinic, you are strongly encouraged to book appointments in advance. It is recommended to book D1, D2, and D3 as soon as you are aware of your surgery date. This will ensure you are able to access a dietitian appointment at the appropriate time post-surgery.

Appointment	When to book	Content
Public pre-admission group	2-4 weeks before surgery at SMAC clinic	<ul style="list-style-type: none"> • Initiation of VLED (Optifast) • Diet information for the first 2 weeks after your surgery • Discuss supplement requirements after surgery • Baseline measurements such as weight and BMI • Problem solve any nutrition related issues/questions
Follow-up appt 1 (D2)	2 weeks after surgery	<ul style="list-style-type: none"> • Review nutrition and diet intake • Discuss the next few weeks diet plan • Problem solve any nutrition related issues/questions • Check exercise and physical activity • Monitor weight loss • Review supplement requirements
Follow-up appt 2 (D3)	5-6 weeks after surgery	<ul style="list-style-type: none"> • Review nutrition and diet intake • Set exercise and activity goals • Problem solve any nutrition related issues/questions • Review supplement requirements • Monitor weight loss • Discuss management after band "fills" (Lap-bands only)
Follow-up appt 3 (D4)	12 weeks after surgery	<ul style="list-style-type: none"> • Review nutrition and diet intake • Review exercise and physical activity goals • Monitor progress and weight loss
Follow-up appt 4 (D5)	6-12 months after surgery	<ul style="list-style-type: none"> • Monitor progress and review weight loss • Discuss & problem solve any nutrition related issues • Set long-term diet and physical activity goals • As required by the individual patient
Any further follow-up (D6)	Ongoing as required	<ul style="list-style-type: none"> • As required by the individual patient

Appointments are scheduled for approximately 20 minutes. **Please arrive on time** or you will be required to re-schedule your appointment for a later date.

To book an appointment call: **9400 9429. Please ensure you know which appointment you require (e.g. D3 or D4) prior to calling.**

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Disclaimer

All information contained in this handout is current at the time of revision. If you have concerns about your health, you should seek advice from your general practitioner or health care provider. If you require urgent care you should go to the nearest Emergency Dept. Created: [April 2014]